

Bystander is a VERB!

Here at the Respectful Relationships Unit, we believe that **everyone has the opportunity to make change in our community**. One of the ways we can all do that is by thinking of our roles as bystanders (as a verb)! In other words, this means we all need to be active bystanders.

When we see or hear something that is not okay, whether it be someone making sexist, homophobic, racist or discriminatory remarks in person or online, harassing someone, or using intimidating behaviours, we all have the ability to intervene.



- We must think about safety, including our own, and if our safety or someone else's is at risk we should call 000
- We can say something directly to the person who is behaving inappropriately
- We can reach out to the person who has been impacted by the person's words or actions and offer them support
- We can alert others to the behaviour. This might mean reporting directly to the social media platform you saw the online behaviour occur on.
- We can seek advice from ANU through services and support options

The Respectful Relationships Unit delivers training and education about bystander intervention through the MATE Bystander Program (developed by Griffith University). Keep an eye out for upcoming sessions, and stay tuned for a special digital event in the coming weeks focusing on bystander intervention in combating racism and discrimination.

V1.1 Created April 2020



Australian
National
University

Respectful Relationships Unit
anu.edu.au/respect
respect@anu.edu.au

ANU
RESPECT