

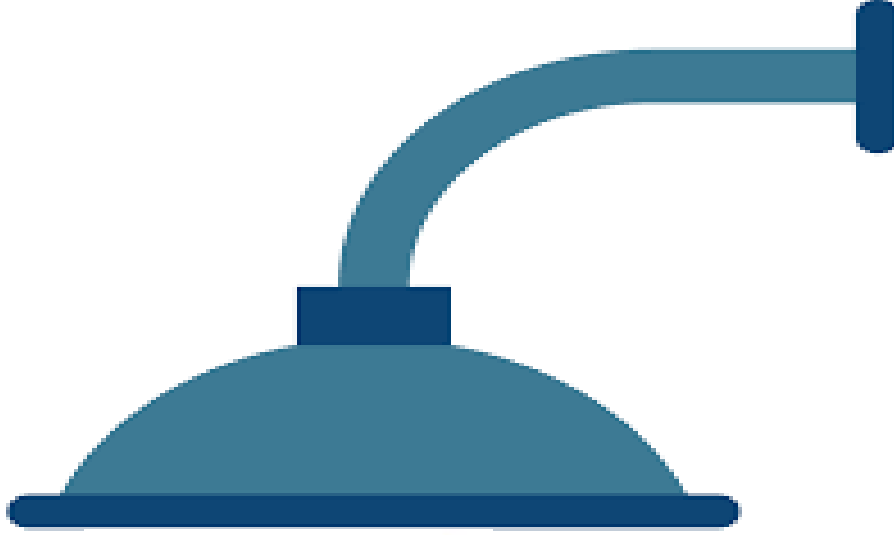


ANU aims to provide a research and study environment that meets world's best sustainability practice..

ANUgreen is responsible for implementing the University's Environmental Management Plan by working directly with the University community, educating and empowering staff and students to play an active role in reducing the collective environmental impact.

Whether you work, live or study at ANU there is plenty you can do to reduce your environmental footprint. There's even an [ANU Green Key app](#) to assist residents of ANU halls and colleges to self- evaluate energy and water consumption in their rooms.

Have a scroll below to see some of Toad Hall's recommendations for maintaining a sustainable lifestyle on, and off, campus.



**Report leaking and dripping taps and showers to maintenance as soon as you notice them. Take a 4 min shower**

**Rinse fruit and vegetables in a plugged sink rather than under a running tap**

**Drink tap water instead of bottled water-this not only saves money, but can help preserve natural ecosystems which can be destroyed when they are tapped for bottling.**

**If possible, do a load of laundry using only cold water - it takes a lot of energy to heat water**

**Use no or low-phosphorus washing detergent - this reduces the amount of chemicals that are required to treat sewage.**

**Rather than using paper towel to clean up spills, use old rags or dishcloths and pop them in the washing machine when you're washing your clothes.**

**Limit showers to 4 minutes-this can save up to 25,000 litres of water in a year.**

**Turn off the tap when brushing teeth or washing hands - a running basin tap can use 15 litres of water a minute.**

# **ENERGY SAVING TIPS**

**Turn off appliances at the wall when you are not using them**

**Reduce your heater temperature by a few degrees**

**During winter open your curtains during the day instead of turning the light on, the sun also produces natural heat**

**Wash your clothes in cold water and use the clothesline rather than the dryer whenever possible**

**In winter rather than heat your bedroom, add another blanket to your bed**

**In winter, dress appropriately and add another layer or use a hot water bottle instead of turning the heater on**

**When your phone or tablet has finished charging, turn off the charger**

**Adjust your computers screen saver settings to switch the screen off shortly after you have stopped using it**

**If you are working at your desk, use the desk lamp rather than lighting the whole room**