TIME BUDGET:

Notes for creating a time budget: Use yellow to mark the hours when you have definite commitments (classes, paid work, "have to do" activities). Use orange for hours that you would prefer not to study (social, not your preferred time to study, etc). Use green to mark the remaining areas. These are your study times. Now add up the hours for each zone. Remember that ideally you need on average 10 hours (classes plus study) for each course. So your yellow and green zones should total around 40 hours per week. Otherwise you may need to adjust your orange zone.