FAQs

Do I have to be in the first year of my degree to enrol in ANU+?
No you don’t. You can enrol at anytime, so long as you think you can meet all requirements of the Program.

Who can I volunteer with?
You can volunteer with any organisation, so long as it is volunteer work (not paid). If you want help to find an external organisation, you can go to volunteeringact.org.au to search for opportunities. If you want help in finding internal opportunities (inside the ANU), you can email anuplus@anu.edu.au.

Do I have to do each 20 hours with one organisation?
No, you can volunteer with more than one organisation for each 20 hours. Please note though that some organisations have a minimum number of hours they require you to commit to as they invest in training you.

Can I do all volunteer work at one organisation?
You have to volunteer with at least two organisations, and with at least one external organisation, so you get a varied experience and can reflect on different development outcomes. You can do the majority with one organisation, and then a short number of hours with another organisation e.g. one day of tree planting.

Can I do all internal volunteer work?
No. ANU+ aims is to encourage students to look outwards. You have to volunteer with at least one external organisation. If you are unsure if your volunteer works counts as internal or external, please email anuplus@anu.edu.au.

Can I count past volunteer work?
You can count up to three months prior to attending the ANU+ workshop. You will have had to have been an ANU student during this time also.

Can I include volunteer training in my hours?
No. Only the actual volunteer work can count towards your hours.

Can I take part in ANU+ if I’m an exchange student?
No. Only students who will graduate from ANU can take part.
One of the steps is to ‘reflect on your development’. Is there something specific I need to reflect on?

Yes. For each reflection you must reflect on one or more of the seven development outcomes:

• self-awareness
• resilience
• inclusion and awareness of diversity
• communication skills
• community and global engagement
• personal and social responsibility
• leadership skills and understanding of organisational dynamics

As part of the ANU+ workshop, you get more of an understanding of these development outcomes.

One of the steps is to ‘share your development’. What does this involve?

This step is to share your overall volunteering experience. What you produce at this stage can be guided by you – it can be a written piece, presentation, video, etc. When you get close to this stage, ANU+ staff can give you specific guidance when you decide what to produce.

What if I enrol in ANU+ and then I don’t have enough time to complete it?

That’s ok, you just won’t receive the certificate. We ask that you please email anuplus@anu.edu.au to let us know.