

# Centre for Continuing Education

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## Public speaking for youth (13-18 years)

Kevin Norton / Ianon Yusoff

This is an opportunity for young people to learn communication skills that will benefit them for life. After this course you will be able to approach, for example, work experience, interviews, social situations, conversations, customer service, leadership, college and university tutorial presentations with far more skill and confidence. You will be able to communicate your point of view and needs much more effectively.

In this course you will learn the basics of public speaking. After participants learn about managing their nervousness, the course explains how to structure and present various types of speeches. There is ample hands-on practice and constructive feedback and suggestions. Practical tips are provided.

The **course objectives** are I.C.E. – Improvement, Confidence and Enthusiasm.

### Expected Outcomes

#### Improved public speaking through:

- increased confidence
- constructive feedback
- learning to use the best level of nervousness to maximise performance
- understanding the purpose of the presentation
- conducting audience analysis
- having enthusiasm for the topic
- learning how to structure a presentation
- discussing various types of talks including sales, technical, informative and entertaining/humorous presentations
- using humour and storytelling
- effective use of voice, body language, and visuals
- practising prepared, semi-prepared, and impromptu speaking
- learning how to ask and answer audience questions
- using microphones.

Other topics are covered to meet the needs of as many people as possible.

***NB*** Students are to remain within the surrounds of the training room under the supervision of the tutor(s) at all times. You are advised to bring a light lunch/refreshments each day.

Ianon has a BA in Communications and Public Relations and a Graduate Diploma of Health Promotion (Community Development). She has a nursing background specialising in cardiology and has taught languages in Malaysia.

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*"The views expressed in this course/activity are those of the presenter and do not necessarily represent the views of The Australian National University"*

The Australian National University

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Kevin has been involved in public speaking for nearly 20 years and has conducted a large number of public speaking courses in the ACT.

DATES/TIMES: 10am-3.30pm on 2 Saturdays, 17 & 24 October

FEE: \$195 *no discount*

COURSE LOCATION: The venue for this course can be found on your tax invoice/receipt under "Course Information". Please allow enough time to locate your course venue on the first day.

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