

# Centre for Continuing Education

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## Chinese/Japanese brush painting, philosophy and meditation - intermediate

Janet Twigg-Patterson

This course will be a continuation of the beginners course and will explore further the meditation and breathing exercises that prepare one for a more advanced approach to Chinese/Japanese brush work. A Chan-Zen application of breathing will be introduced and previous techniques reviewed.

The six cannons are:

1. Circulation of the Ch'I (breath, spirit, vital force of Heaven) produces movement of life
2. Brush creates structure
3. According to the object draw its form
4. According to the nature of the object apply colour
5. Organise composition with the elements in their proper place
6. In copying, seek to pass on the essence of the master's brush methods

(Quoted from the book "The Mustard Seed Garden – the Manual of Painting")

### Materials:

Janet can supply Chinese brushes, Chinese ink and Chinese student and other special papers (expect to pay approx. \$50) if required.

Please bring:

- 2 white china or clear glass bowls (soup bowls are ideal)
- 2 white saucers

Please bring any other equipment you may already own that could be of use and a light lunch each day.

### **NB. This course will be held at Janet's own studio in Stirling.**

Janet has been teaching Chinese brush painting for over 30 years and has had many exhibitions. Her interest in Chinese brush began during a posting to Malaysia where she studied the medium for 2 years and held an exhibition of her work. Upon her return to Australia she continued to study the techniques and also began to teach Chinese brush. She undertook two months intensive study in China in 2005, to extend her techniques. Janet's bird paintings are included in the Parliament House collection.

DATES/TIMES: 9.30am-4pm, Saturday & Sunday, 24 & 25 October

FEE: \$219 *no discount*

*"The views expressed in this course/activity are those of the presenter and do not necessarily represent the views of The Australian National University"*

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